



Affiliated with The American Heart Association

BASIC CARDIAC LIFE SUPPORT PROVIDER

TIME

LECTURER

07:30 – 08:00 Registration and Welcome

08:00 – 09:15 Lecture on BLS (Video)

09:15 – 12:10 **TEACHING STATIONS** (40 minutes/station)

Station I One-Rescuer CPR (Adult)
Two-rescuer CPR

Station 2 Obstructed Airway (Adult/Child/Infant)

Station 3 Infant/Child CPR

Station 4 AED & Barrier Devices

STATION TIME	1	2	3	4
09:15 - 09:55	A	B	C	D
09:55 - 10:35	D	A	B	C
10:35 - 10:50	BREAK			
10:50 - 11:30	C	D	A	B
11:30 - 12:10	B	C	D	A

12:10 – 13:15 **PRAYER AND LUNCH**

13:15 – 16:00 **TESTING STATIONS** (35 minutes/station)

Station 1 One-rescuer CPR (Adult)
Two-rescuer CPR

Station 2 Obstructed Airway (Adult/Child/Infant)

Station 3 Infant/Child CPR

Station 4 AED & Barrier Devices

STATION TIME	1	2	3	4
13:15 – 13:50	A	B	C	D
13:50 – 14:25	B	C	D	A
14:25 – 14:40	BREAK			
14:40 – 15:15	C	D	A	B
15:15 – 15:50	D	A	B	C

16:00 – 17:00 **WRITTEN EXAMINATION**